

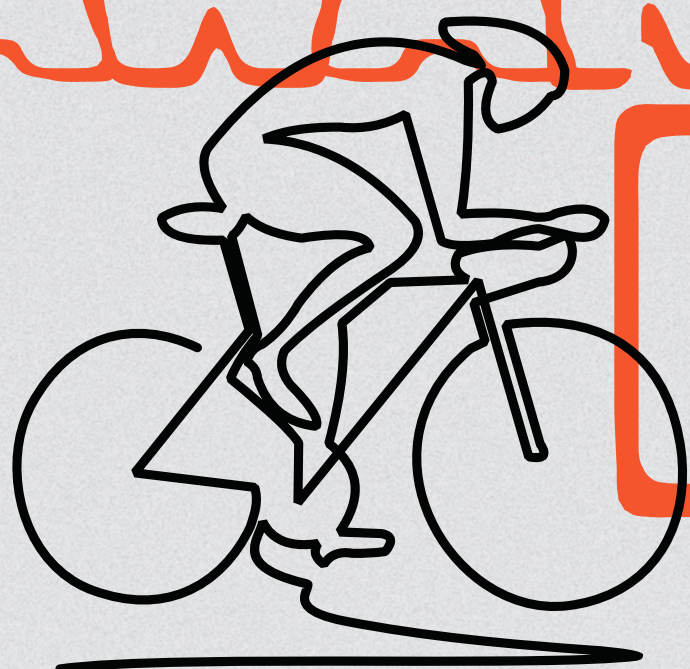


SILENT SPOKES



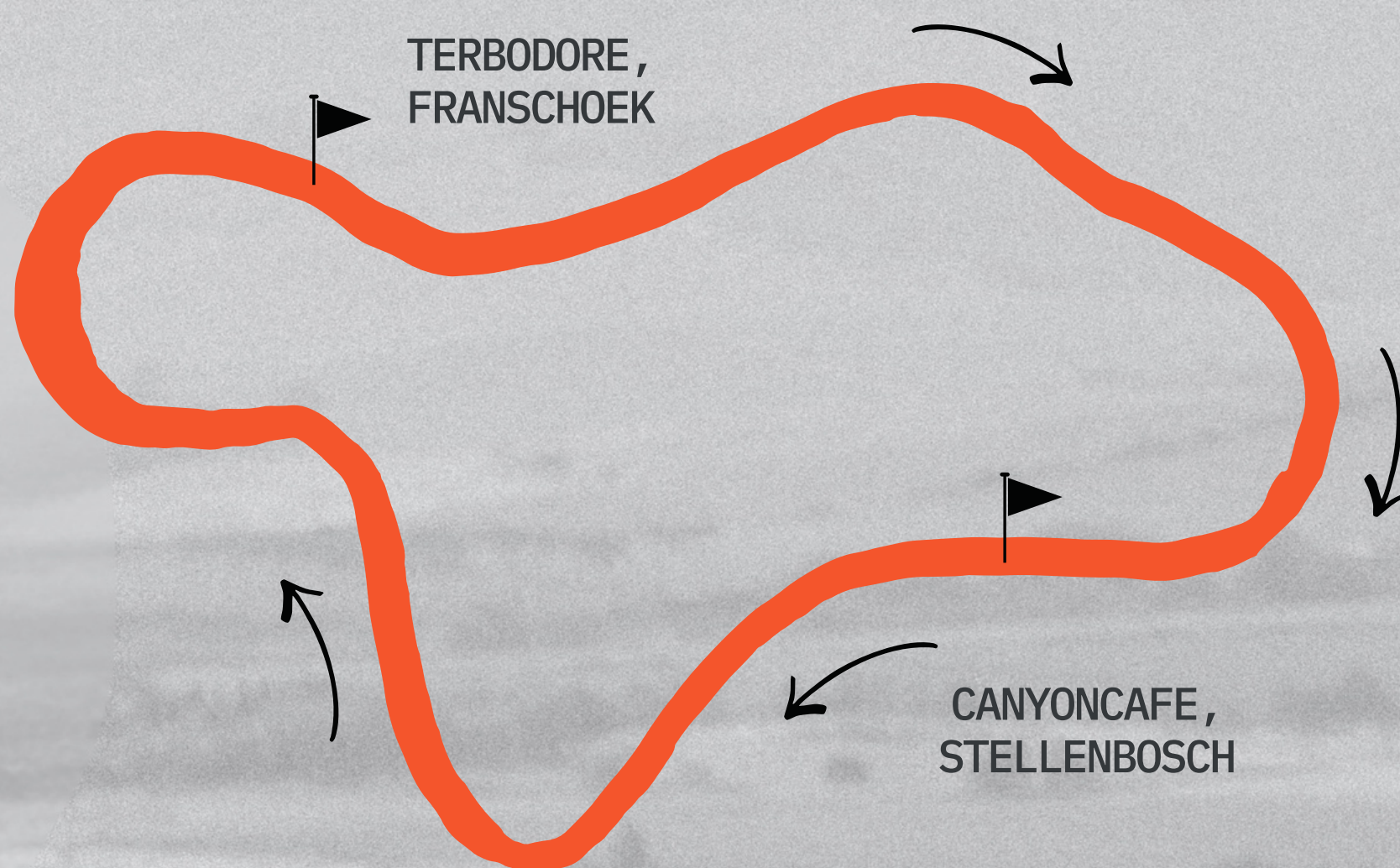
**SILENT SPOKES** IS TEAMING UP WITH **STELLENBOSCH TRIATHLON SQUAD** TO HOST AN:

# AWARENESS RIDE



**24 MAY 2026**

Join us as we ride for cyclist safety, honour the cyclists we've lost, and dedicate a ride to someone close to your heart. They are more than just cyclists; they are fathers, mothers, friends & futures.



📍 CANYON CAFE TO TERBODORE FOR A COFFEE AND BACK

**DISTANCE:  
AROUND 60KM**

**ARRIVE AT:  
7:15 AM**

**ALL LEVELS  
WELCOME**

**PARTNERING WITH:**

**canyoncatē**

**TERBODORE**  
COFFEE ROASTERS

